

D. Y. PATIL TECHNICAL CAMPUS,

FACULTY OF ENGINEERING & FACULTY OF MANAGEMENT, TALSANDE (Accredited by NAAC 'A' Grade with 3.25 CGPA in First Cycle)

STUDENT WELFARE CELL



(An Autonomous Institute)

International Yoga Day Celebration

Celebrated at D. Y. Patil Technical Campus, Talsande.

Date: June 21st, 2025.

Organized by: D.Y. Patil Technical Campus, Talsande, in collaboration with NSS Department

and Student Welfare Cell

International Yoga Day Celebrated with Enthusiasm at D. Y. Patil Technical Campus, Talsande

The International Yoga Day was celebrated with great enthusiasm and discipline at D. Y. Patil Technical Campus, Talsande, on 21st June 2025.

Renowned yoga instructor Mr. Ashwin Kumar graced the occasion as the chief guest and guided the participants through various yoga postures, breathing techniques (Pranayama), and meditation. He provided detailed explanations and live demonstrations, helping attendees understand the correct methods and benefits of yoga.

The program was presided over by Campus Director Dr. Satish Pawaskar, who addressed the students, emphasizing the importance of regular yoga practice. He highlighted how yoga contributes to both physical and mental well-being and encouraged everyone to make it a part of their daily routine.

The session began with a prayer and *Surya Namaskar* (Sun Salutations), followed by a series of yoga asanas, pranayama, and meditation sessions. Faculty heads from various departments, professors, and students actively participated in the event.

The event was organized under the leadership of NSS Program Officer and Dean of Student Welfare, Prof. Kedar Redekar, along with Mr. Vinod Utale.



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